



The Catholic Community
Foundation of Waterloo Region

Speaker Series

Tech Meets Parenting: A Balancing Act

Thursday Feb. 24th at 7pm ^{EST}

[Register Today](#)

It is no secret that we are changing the world with technology. Technology has provided tools for our world to stay connected and a platform to learn beyond our physical borders. It can enrich everyday experiences and has led to advancements that have increased our overall productivity, efficiency, and quality of life. At work, school, or home, technology has become an important tool that has been woven into our daily lives. When technology is used improperly or in excess, it can also be detrimental to the user, their family, and the community...

[Learn More](#)

Join us on **Thursday, February 24 at 7:00 pm EST** for a virtual family-focused event that will explore our relationship with technology. We will discuss the importance of and tactics around being a good role model and setting boundaries at all ages.

Ages 0 - 8:

Building healthy habits and setting boundaries

Ages 9 - 17:

Making the shift from monitoring to mentoring

Parents:

Modelling healthy digital usage

Register today!
Space is limited.

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35 Weber St. W., - Unit A
Kitchener, ON, Canada N2H 3Z1
519-578-3660

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