



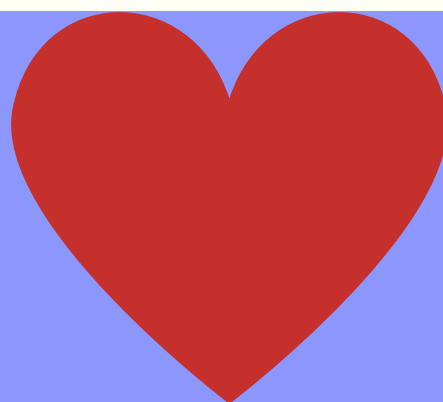
FAMILY SPRING PARTICIPACTION



Drumfit April 8 @ 7 p.m.



Kitchener families cook White Bean Falafel Apr. 22 @ 5 p.m. with UW Chef Mark



Getting back to positive with fitness instructor & motivational speaker Nancy Revie Apr. 27 @ 7 p.m.



Starlight Yoga with Michelle Burns April 28 @ 7:30 p.m.



Brought to you by Ministry of Education PRO grants & WCDSB CPIC. Sign up via QR code above or email diana.bumstead@wcdsb.ca.

Free for WCDSB families. Attend a session and be entered to receive a \$75 restaurant gift card. Details on sign-up form