

No Need to Fret!



Oh No!

Does your child worry excessively?
Do worries and fears interfere with
your child's ability to enjoy a carefree
childhood that all children deserve?
Did you know that appropriate and
timely intervention can
assist anxious children to grow up
to be healthy adults?

Successful strategies are provided to help
anxious children cope with fears and worries.

No Cost Virtual Group ~ Ages 8-11

Group 1: Oct 27, Nov 3, 10, 17 & 24, 2020

Group 2: Mar 30, Apr 6, 13, 20 & 27, 2021

5:00-6:00 pm

**Please call 519-669-8651
or email: info@woolwichcounselling.org
for more information or to register**